



*Disability,  
Health & Wellness* conference  
Independence YOUR WAY

October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB

## *Registration Form*

**Early Bird Deadline: September 3, 2010**  
**Registration Deadline: October 7, 2010**

Consumer/Student     Non Consumer/Professional

*Please print clearly and ensure all information is provided.*

Date: \_\_\_\_\_

Delegate First & Last Name: \_\_\_\_\_

Position: \_\_\_\_\_

Organization (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

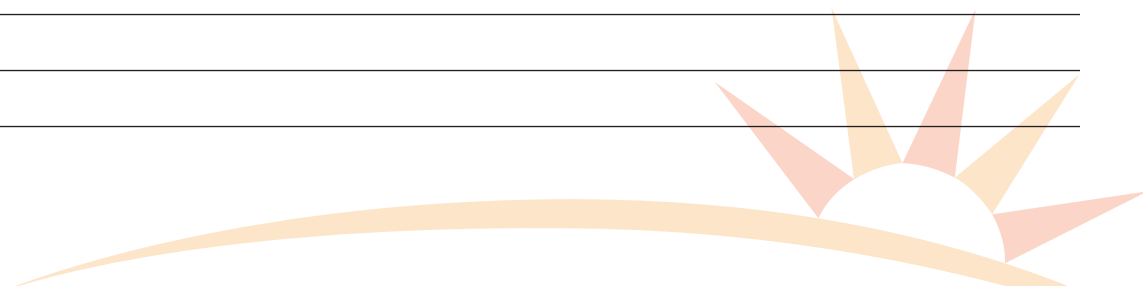
Email Address: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

\_\_\_\_\_ Will be bringing attendant (*Conference Registration & all meals are available at no charge to the attendant*)

Please indicate name and special meal requirements for delegate and/or attendant:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





*Disability,*  
*Health & Wellness* conference  
Independence YOUR WAY

October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB

*Registration Form (con't)*

Please indicate what communication and other supports you will require:

<b>ASL Interpretation</b>	<b>Braille Translation of Breakout handouts</b>	<b>Large Print of Breakout Handouts</b>	<b>Attendant / Personal Care Supports</b>	<b>Intervenor Services</b>	<b>Sighted Guide</b>	<b>Communication Access Realtime Translation (CART)</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other Supports: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_





*Disability,  
Health & Wellness* conference  
Independence YOUR WAY

October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB

## Registration Form (con't)



Connect live to the conference from your personal computer or organize a group screening of the sessions through your organization.

To view the conference, you will need a high speed internet connection on a computer with at least 1 GHZ processor and 512 mb RAM and speakers. To participate in the conference, you will need a web camera and/or a mic.

I will be participating via web conference

Email Address: \_\_\_\_\_

If you have questions, more information or to test your computer please call Marie-Lynn Hamilton at Independent Living Resource Centre at 1-204-947-0194, toll free at 1-800-663-3043 or [mlh@ilrc.mb.ca](mailto:mlh@ilrc.mb.ca)

### CONCURRENT SESSIONS

Please check ONE first choice and ONE second choice for each Concurrent Session you wish to attend.

1 <sup>st</sup>	2 <sup>nd</sup>	Code	<b>Breakout Session – A: Monday, October 18, 11:00 a.m. – 12:15 p.m.</b>
<input type="checkbox"/>	<input type="checkbox"/>	A1	Mental Health Recovery Stories
<input type="checkbox"/>	<input type="checkbox"/>	A2	 Your Healthy Lifestyle – A Discussion On Active Living Part 1
<input type="checkbox"/>	<input type="checkbox"/>	A3	Exploring Your Rights to Affordable Accessible Housing
<input type="checkbox"/>	<input type="checkbox"/>	A4	Movement Workshop – Tai Chi






*Disability,  
Health & Wellness* conference  
Independence YOUR WAY


October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB

## Registration Form (con't)


1<sup>st</sup> 2<sup>nd</sup> Code **Breakout Session – B: Monday, Oct 18, 1:30 p.m. - 3:00 p.m.**

- |                          |                          |    |   |
|--------------------------|--------------------------|----|---|
| <input type="checkbox"/> | <input type="checkbox"/> | B1 | I Want to Work  |
| <input type="checkbox"/> | <input type="checkbox"/> | B2 |  It's the Law – Legislation for Manitobans with Disabilities |
| <input type="checkbox"/> | <input type="checkbox"/> | B3 | A View From Outside the Box   |
| <input type="checkbox"/> | <input type="checkbox"/> | B4 | Movement Workshop – If You Can Breathe, You Can Move by Propeller Dance Troupe  |

**Breakout Session – C: Tuesday, October 19, 10:55 a.m. - 12:10 p.m.**

- |                          |                          |    |  |
|--------------------------|--------------------------|----|--|
| <input type="checkbox"/> | <input type="checkbox"/> | C1 | Registered Disability Savings Plan   |
| <input type="checkbox"/> | <input type="checkbox"/> | C2 |  What You Can Do to Make a Difference in Emergency Preparedness |
| <input type="checkbox"/> | <input type="checkbox"/> | C3 | Get Better Together!   |
| <input type="checkbox"/> | <input type="checkbox"/> | C4 | Movement Workshop – I Could Have Danced All Night  |

**Breakout Session – D: Tuesday, October 19, 1:55 p.m. - 3:25 p.m.**

- |                          |                          |    |  |
|--------------------------|--------------------------|----|--|
| <input type="checkbox"/> | <input type="checkbox"/> | D1 | Through the Great Outdoors: A Discussion On Active Living Part 2   |
| <input type="checkbox"/> | <input type="checkbox"/> | D2 | In Control: A Discussion On Independent Living   |
| <input type="checkbox"/> | <input type="checkbox"/> | D3 | Still Waiting For That Special Bus   |
| <input type="checkbox"/> | <input type="checkbox"/> | D4 |  PACE Paving the Way to the Future of Community Attendant Support |





*Disability,  
Health & Wellness* conference  
Independence YOUR WAY

October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB

## *Registration Form (con't)*

**Full conference registration includes:** Official conference materials, coffee/snack and lunches for both days. One day Conference registration includes: official conference materials and coffee/snack and lunch for day attending.

**Cancellation/Refund Policy:** If cancellation by consumer/student is received in writing before October 7, 2010 you will receive a total refund. Non-consumer/professionals will be refunded less \$50.00 administration fee. Substitution of delegates is acceptable. Please advise prior to conference.

**Registration Cheques payable to:** Planners Plus Inc.

Once you have completed your registration, please mail forms and cheque to:

**Disability, Health and Wellness Conference  
c/o Sonya Penner  
Project Manager  
Planners Plus Inc.  
115 Briarlynn Road  
Winnipeg, MB R3T 6A2**

**Phone: 204-261-7290 • Fax: 204-275-1749**

**Email: [sonya@plannersplus.ca](mailto:sonya@plannersplus.ca)**

**[www.smd.mb.ca](http://www.smd.mb.ca)**





# Disability, Health & Wellness *conference*

## Independence YOUR WAY

October 18 & 19, 2010 at the Victoria Inn, 1808 Wellington Ave., Winnipeg, MB


## Conference Fee Schedule

### EARLY BIRD REGISTRATION – Prior to September 3, 2010

#### Consumer/Student

	FEE	GST	Total
One Day	\$20.00	\$1.00	\$21.00
Full Conference	\$25.00	\$1.25	\$26.25
 WEB CONFERENCING (fee per computer in Manitoba)	\$25.00	\$1.25	\$26.25

#### Non Consumer/Professional


One Day	\$125.00	\$6.25	\$131.25
Full Conference	\$225.00	\$11.25	\$236.25
 WEB CONFERENCING (fee per computer in Manitoba)	\$25.00	\$1.25	\$26.25

### REGULAR REGISTRATION – After September 3, 2010

#### Consumer/Student

	FEE	GST	Total
One Day	\$25.00	\$1.25	\$26.25
Full Conference	\$30.00	\$1.50	\$31.50
 WEB CONFERENCING (fee per computer in Manitoba)	\$25.00	\$1.50	\$26.50

#### Non Consumer/Professional

One Day	\$150.00	\$7.50	\$157.50
Full Conference	\$250.00	\$12.50	\$262.50
 WEB CONFERENCING (fee per computer in Manitoba)	\$25.00	\$1.50	\$26.50

The EARLY BIRD special includes a reduced conference registration fee and confirms your participation. This conference will fill up quickly.

**Registration Deadline: OCTOBER 7, 2010.** If you are interested in attending this conference as a consumer and you are unable to pay the conference registration fees, please call 975-3037 or toll free 1-866-282-8041; or TTY 1-800-225-9108 and the committee will consider your request. No fees will be charged for personal attendants.